



St Bede's Catholic Primary School
PSHE and RSE Long Term Overview

Week Commencing	PSHE Association Theme	Ten:Ten Life to the Full	Liturgical/Global Calendar Safeguarding/Local Context
September			
Article 15: The right to meet with other children and join groups.			
1.9.25	Belonging and community Y1/2 – Belonging to a group; roles and responsibilities; being the same and different in the community Y3/4 – What makes a community; shared responsibilities Y5/6 – Valuing diversity; challenging discrimination and stereotypes		Cultural Respect (house day)
8.9.25			Using our voice to keep us safe - safety maps
15.9.25		Module 1 Unit 1 EYFS – Handmade with Love Y1/2 – Let the children come/The Sacraments Y3/4 – Get Up! Y5/6 – Calming the Storm	21.9.25 – International Day of Peace
22.9.25 No Outsiders			26.9.25 – European day of languages
October			
Article 24: Children have the right to good quality health care, clean water, nutritious food and a clean environment so that they will stay healthy.			
29.9.25	Consent Safe Relationships Y1/2 – Managing secrets; resisting pressure and getting help; recognising hurtful behaviour		Black History month begins Macmillan Coffee Morning
6.9.25			Other faiths week – Judaism 10.10.25 – World mental health day

	Y3/4 – Responding to hurtful behaviour; managing confidentiality; recognising risks online Y5/6 – Recognising and managing pressure; consent in different situations		
13.10.25		Module 1 Unit 2 Me, my body, my health	18.10.25 – Show racism the red card
No Outsiders 20.10.24			Clever Never Goes 20.10.25 - Diwali 1.11.25 – All Saints day
November Article 12: Children have the right to say what they think should happen and to have their opinion taken into account.			
3.11.25		Module 1 Unit 2 cont. Me, my body, my health	5.11.25 – Bonfire night (firework safety)
10.11.25			Anti-bullying week 11.11.25 – Remembrance Day 13.11.25 – World kindness day 21.11.25 – Children in Need
17.11.25	Keeping safe Drug Education Y1/2 – Safety in different environments; risk and safety at home; emergencies		Road Safety Week Child-on-child abuse policy (child friendly) 23.11.25 – Christ the King/ Youth Sunday
24.11.25	Y3/4 – Medicines and household products; drugs common to everyday life Y5/6 – Regulations and choices; drug use and the law; drug use and the media		30.11.25 – First Sunday of Advent
December Article 2: This convention applies to everyone whatever their race, religion, abilities, whatever they think or say, whatever type of family they come from.			
1.12.25		Module 1 Unit 3 – Emotional Wellbeing	3.12.24 – Kindness Tuesday
8.12.25			10.12.25 – Human Rights day 12.12.25 – Christmas jumper day

15.12.25			NSPCC – PANTS rule and keeping safe in the holidays
January			
Article 29: Education should develop each child’s personality and talents to the full.			
5.1.26		Module 1 Unit 4 Life Cycles	Pupil safeguarding questionnaire
No Outsiders			Road safety - revisit
12.1.26			Keeping myself safe – recognise the signs of being groomed
19.1.26			18.1.25 – Week of prayer for Christian Unity begins 18.1.26 – World religion day 24.1.26 – International day of education 27.1.26 – Holocaust remembrance day
26.1.26	Families Y1/2 – What is a family and how do we care for our family Y3/4 – Family relationships and diverse families Y5/6 – Family changes		
February			
Article 17: Access to information from the media			
2.2.26	Personal Identity Y1/2 All different All special Y 3/4 Personal Identity and how to express identity Y 5/6 Changing Faces: stereotypes		Children’s mental health week

9.2.26 No Outsiders		Module 2 Unit 3 Life Online	10.2.26 – Safer internet day Sending sexually explicit images (age appropriate) – revisit PANTS rule
16.2.26	Democracy (Young Citizens Resource) Y1/2 – Why do we have rules? Y3/4 – Rules and Respect Y5/6 – Rights and responsibilities. The rule of Law		The big legal lesson 20.2.26 – World day of social justice
March Article 14: Children have the right to practise their religion.			
2.3.26		Module 2 Unit 1 Religious Understanding	8.3.26 – International women’s day – gender quality/misogyny
9.3.26		Module 2 Unit 2 Personal Relationships	The right to feel safe – physically, emotionally, sexually, financially.
16.3.26			18.3.26 – Global recycling day 20.3.26 – International day of happiness 22.3.26 – World water day
23.3.26			
April Article 28: the right to an education.			
30.3.26		Module 2 Unit 4 Keeping Safe	NSPCC – PANTS rule and keeping safe in the holidays
20.4.26 No Outsiders			

27.4.26			22.4.26 – National Stephen Lawrence day
May			
Article 30: Children have the right to an education. Discipline in schools should respect children's dignity.			
4.5.26		Module 2 Unit 4 cont. Keeping Safe	National walking month begins Pupil safeguarding questionnaire
11.5.26		Module 3 Unit 1 Religious Understanding	Sexting (age appropriate)
18.5.26		Module 3 Unit 2 Living in the Wider World	Knife crime awareness week Walk to school week 26.5.25 – Africa day
June			
Article 6: Live a full life. (Life, survival and development).			
1.6.26	Loud! Job skills, influences and work Y1/2 – Strengths and interests; jobs in the community Y3/4 – Different jobs and skills; job stereotypes; setting personal goals Y5/6 – Identifying job interests and aspirations; what influences career choices; workplace stereotypes		Gypsy Roma and Traveller history month begins – revisit racism 5.6.26 – World Environment day
8.6.26	Money and wellbeing Y1/2 – What money is; needs and wants; looking after money Y3/4 – Making decisions about money; using and keeping money safe Y5/6 – Influences and attitudes to money; money and financial risks		Healthy eating week
15.6.26	Exploring Risk in relation to Gambling Y5/6 assessing and managing risk, including gaming and social media.		20.6.26 – World refugee day – revisit racism
22.6.26			22.6.26 – Windrush day – revisit racism

July

Article 31: Children have the right to relax, play and to join in a wide range of activities.

29.6.26 No Outsiders			Plastic free July begins
6.7.26	Embracing Change and New Challenges Y1/2 Transition Unit: Moving to a new class Y5/6 Transition Unit: Moving to secondary school		***25.7.26*** World drowning prevention day – river safety before end of term
13.7.26			18.7.26 – Nelson Mandela day NSPCC – PANTS rule and keeping safe in the holidays